

# TECNIS<sup>™</sup> Family of IOLs

# Your Vision Starts With Your Lifestyle

The activities that you enjoy everyday should be seen with high-quality vision. Take the <u>Patient Vision and Lifestyle Questionnaire</u>\* to find the lens that best suits your day-to-day activities.

Fill out the below questions and bring this with you to your next doctor appointment. Your doctor will use this information to recommend the best lens for your lifestyle activities.



What activities are important to you?



Do you often use computers or mobile devices?



What do you do for a living?



Do you drive at night or spend time in dimly lit environments?



Do you prefer to read in print?



Do you use glasses to read? How do you feel about glasses and contacts?



Have you been diagnosed with astigmatism?

\*Questionnaire not available in all countries. Please ask your eye care specialist about it.

# **FAST FACTS ON CATARACTS**



More than 66% of people over the age of 80 have developed cataracts.1

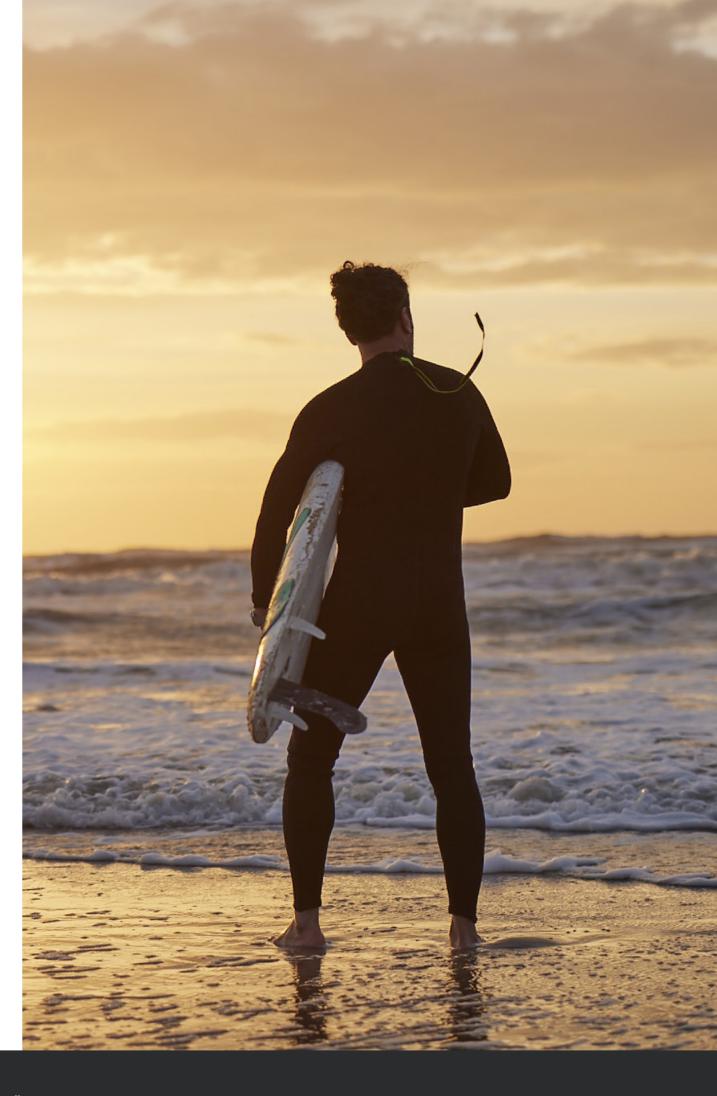


Cataracts are the **77.**cause of preventable blindness.<sup>2</sup>



# Safe. Effective.Yours.<sup>3</sup>

Cataract lens replacement is a very common<sup>3</sup> outpatient surgery — and an incredible opportunity to find the vision that fits your life.

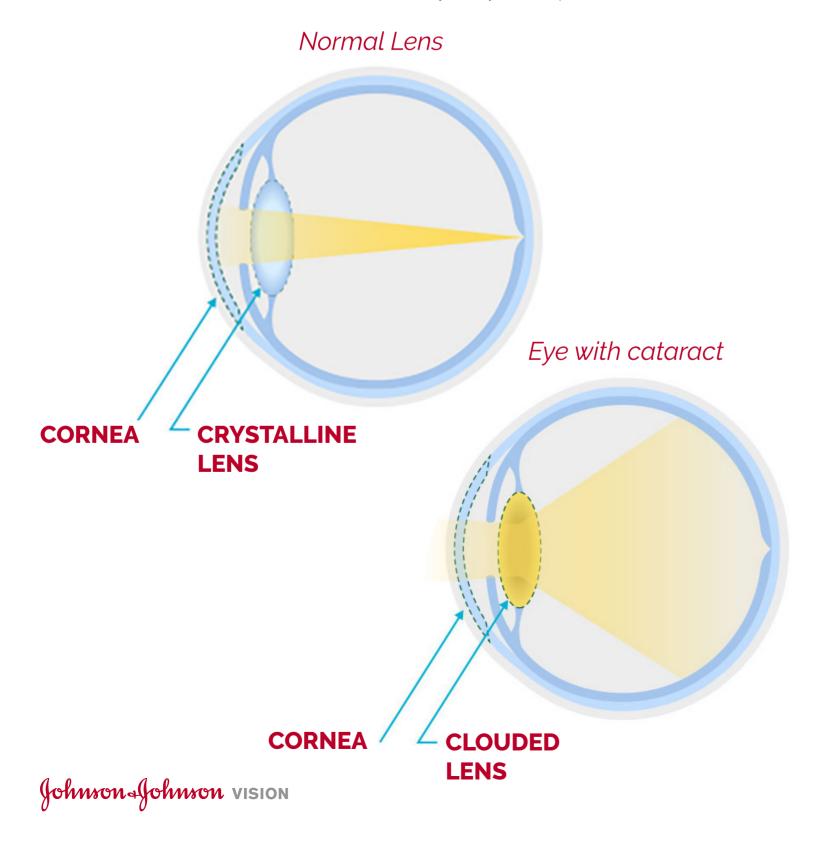


# What is a Cataract?

A cataract is an extremely common, naturally occurring "clouding" or "yellowing" of the lens in your eye. This begins when proteins in the eye form clumps that prevent the lens from sending clear images to the retina, which can cause foggy vision. Cataracts happen to most people as we get older, starting to develop in your 40s and 50s with symptoms becoming noticeable by age 60 or 70.3

To learn more about how cataracts form within the eye anatomy, visit Beyond Cataracts.\*\*

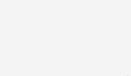
\*\*Website not available in all countries. Please ask your eye care specialist about it.



## WHAT CAUSES CATARACTS?









ure\* Eye trauma

Nutritional deficiency

\*Overexposure to sunlight, UV rays or X-ray

# CATARACT SYMPTOMS TO LOOK FOR

- Blurred, dim, hazy or cloudy vision
- Increased sensitivity to light and glare
- Seeing "halos" around lights
- Needing brighter light for indoor activities
- Fading or yellowing of colors
- Double vision in a single eye
- Whitish or gray film over your eye
- Frequent changes in eyeglass or contact lens description

## **GRADING REGION SCALE VISUAL**

In order to determine what stage your cataract is at, your physician will take photographs of your eye and examine both the clouding and yellowing of the lens within a very specific area called "the grading region".









Normal Lens

Immature

Mature

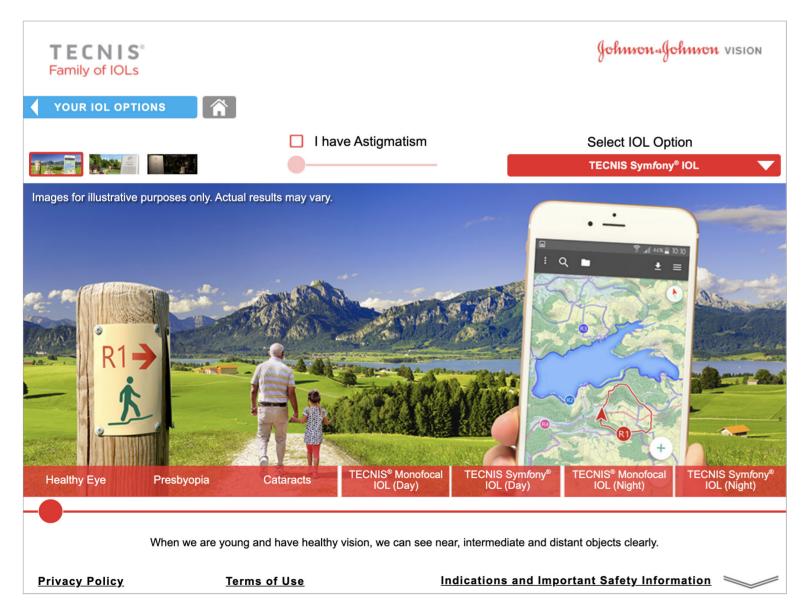
Hypermature

# What are Intraocular Lenses (IOLs)?

During cataract surgery, your doctor will remove your cloudy natural lens and replace it with an intraocular lens implant - or IOL for short. The IOLs are made of a clear plastic and are about a third the size of a dime.

Wondering how you'll see things after surgery? Use the **TECNIS**<sup>TM</sup> <u>Vision Simulator</u>\* to see how your vision will be improved.

\*Website not available in all countries. Please ask your eye care specialist about it.



# **DIFFERENT KINDS OF IOLs:**



### Monofocal:

Your basic lens replacement option to help you see far away, so you may need glasses still to focus on objects at intermediate or near distances.



### **Extended Depth of Focus (EDOF):**

Address presbyopia as part of cataract surgery, to give you a continuous range of high-quality vision: excellent distance and intermediate with improved near vision



### Multifocal:

Provides excellent near, intermediate, and far vision for those with presbyopia, so you can focus where you use your vision overall without wearing glasses often.



### **Toric:**

These lenses correct vision for patients with astigmatism. All **TECNIS™** lenses have a Toric option.

# What is Presbyopia?

Has your doctor ever told you that you are farsighted? Presbyopia is another word for farsightedness. Presbyopia is an age-related eye condition that causes the gradual loss of your eyes' ability to focus on nearby objects. When we are young, the natural lens is flexible and can therefore focus light where needed – giving us clear vision and allowing our eyes to see objects near, far, and everything in between. However, as we age, the lenses and muscles in our eyes begin to get stiff and inflexible. The result? Blurry vision for things up close, like when you're reading a book or newspaper.

Age **40** 

Typically becomes noticeable around 40 years of age 4

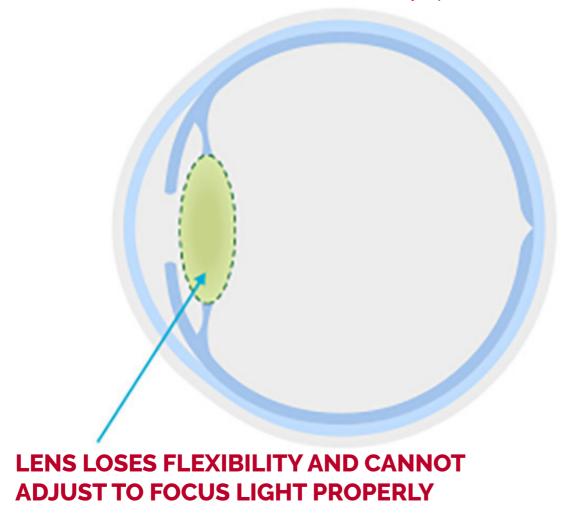


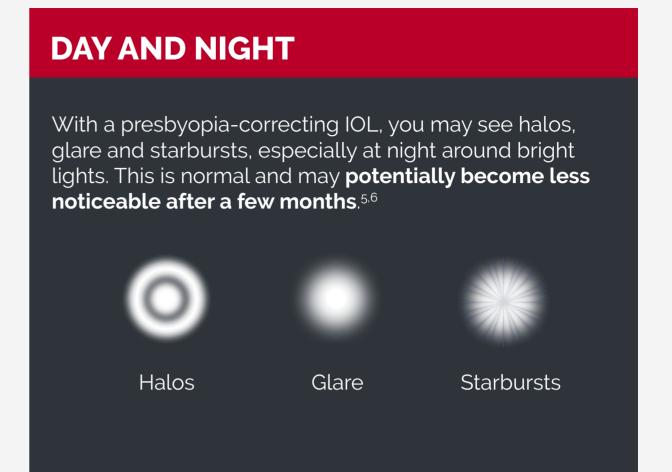
Often requires reading glasses



Makes it difficult to focus on things up close (near vision)

# Natural Lens With Presbyopia







### 122 million people

estimated number of Americans with presbyopia in 2010<sup>7</sup>



### **42-44 years**

most common age at which people first begin to experience the symptoms of presbyopia<sup>7</sup>



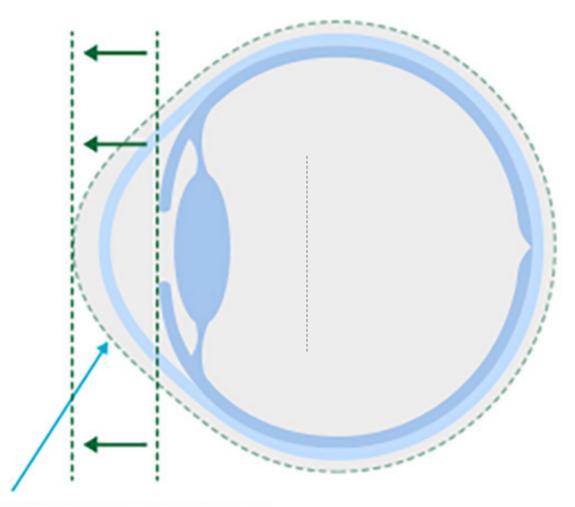
### 83% of Americans

say they are not familiar with presbyopia<sup>7</sup>

# What is Astigmatism?

Astigmatism is an eye condition that affects about 1 in 3 people.<sup>4</sup> It's when the front surface of your eye (your cornea) is oblong in shape, like an egg, instead of being round, like an orange. So when light enters the eye, it is not correctly focused on the retina, resulting in an unclear image. You can have astigmatism in one or both eyes, and it can occur at any age.

Eye Shape With Astigmatism



MEANS THE EYE IS NATURALLY
MORE OBLONG SHAPED THAN CIRCULAR

# **SYMPTOMS OF ASTIGMATISM**

- Blurry, distorted, or fuzzy vision
- Eyestrain or fatigue
- Squinting
- Eye irritation
- Headaches



Most people are born with some degree of astigmatism<sup>8</sup>



≈ 40% of people with cataracts also require astigmatism correction<sup>9</sup>

# ALL TECNIS™ LENSES HAVE A TORIC OPTION TO TREAT PATIENTS WITH ASTIGMATISM.

- TECNIS™ Multifocal Toric II IOL
- TECNIS™ Toric II 1-Piece IOL
- TECNIS Symfony™ Toric IOL
- TECNIS Eyhance™ Toric II IOL
- TECNIS Symfony™ Toric || OptiBlue™ |OL
- TECNIS Synergy™ Toric II OptiBlue™ IOL

# What **TECNIS™** Lens is Best for You?

# TECNIS Eyhance IOL

**TECNIS Eyhance™** IOL defines the future of Monofocals. The modified shape¹⁰ of the **TECNIS Eyhance™** lens is designed to slightly extend\*¹¹ the depth of focus compared to the **TECNIS™** 1-Piece IOL.



These images are for illustrative purposes only and do not represent actual data derived from studies. These illustrative simulations are intended to help you better understand your vision in certain eye conditions.

# BENEFITS OF TECNIS EYHANCE™ IOL



Helps you see objects in the distance like traffic lights, stage performances and sporting events.<sup>10</sup>



May increase safety in lowvisibility situations such as driving at night.<sup>12,13</sup>



Designed for high-quality distance to make everyday tasks easier.<sup>13</sup> You may still need glasses to see closer.





# TECNIS Synergy<sup>™</sup> IOL

PRESBYOPIA-CORRECTING IOLs

**TECNIS Synergy™** IOLs, are designed to give you the opportunity to see a **continuous\*\* range of high-contrast vision**, even up close and in low light.<sup>14</sup>



These images are for illustrative purposes only and do not represent actual data derived from studies. These illustrative simulations are intended to help you better understand your vision in certain eye conditions.

One of our advanced **TECNIS™** IOLs, going beyond the limits of current trifocals.¹5-17

# BENEFITS OF TECNIS SYNERGY™ IOL



Widest\* range of continuous vision\*\* with best near<sup>14,18-21</sup>



Superior image contrast day and night\*, delivering vision that patients can trust<sup>19,22</sup>



Excellent patient outcomes so they can enjoy the moments that matter most<sup>1,22</sup>



# Near Vision Intermediate Vision

Typically 66 cm from the eye

# Distance Vision

Typically 6 m from the eye

**TECNIS Synergy™** IOL







**PRESBYOPIA-CORRECTING IOLs** 

**TECNIS Symfony™ OptiBlue™** IOL, Extended Depth of Focus IOLs can give you a **continuous range of high-quality vision:** designed for excellent distance and intermediate with improved near vision.<sup>23</sup>



These images are for illustrative purposes only and do not represent actual data derived from studies. These illustrative simulations are intended to help you better understand your vision in certain eye conditions.

# BENEFITS OF TECNIS SYMFONY™ OPTIBLUE™ IOL







Provide excellent distance vision as well as intermediate vision with improved near vision<sup>23</sup>



Support continuous, high-contrast vision<sup>24</sup>



Give you sharp, continuous vision, but you'll likely need reading glasses for small print<sup>23</sup>



TECNIS Symfony™ OptiBlue™ IOL

Extended Depth of Focus IOLs

Near + Intermediate + Distance Vision

# TECNIS Symfony<sup>™</sup>

Extended Range of Vision IOLs

**PRESBYOPIA-CORRECTING IOLs** 

**TECNIS Symfony™**, Extended Depth of Focus IOLs can give you a <u>continuous range of high-quality vision</u>: designed for excellent distance and intermediate with improved near vision.<sup>25</sup>



These images are for illustrative purposes only and do not represent actual data derived from studies. These illustrative simulations are intended to help you better understand your vision in certain eye conditions.

# BENEFITS OF TECNIS SYMFONY™ IOL







Provide excellent distance vision as well as intermediate vision with improved near vision<sup>25</sup>



Support continuous, high-contrast vision<sup>25</sup>



Give you sharp, continuous vision, but you'll likely need reading glasses for small print<sup>25</sup>



# Extended Depth of Focus IOLs

Near + Intermediate + Distance Vision

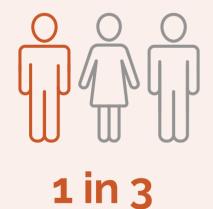
TECNIS Symfony™ IOL

# TECNIS<sup>TM</sup> Toric II IOLs

Every **TECNIS™** IOL has a Toric option to address patients with astigmatism at the time of cataract surgery.



These images are for illustrative purposes only and do not represent actual data derived from studies. These illustrative simulations are intended to help you better understand your vision in certain eye conditions.



people in the U.S. have astigmatism<sup>4</sup>



Nearly 40% of patients with cataracts also require astigmatism correction9



When paired with a Toric II IOL, cataract surgery is a unique opportunity to address astigmatism, which typically occurs with other conditions<sup>9</sup>



# What to expect

# Before, During, and After Cataract Surgery

# **BEFORE**



Collect your medical history, current medications, and any pre-existing conditions to share with your doctor.



Fill out the patient lifestyle questionnaire and bring it with you to your doctor appointment.

# **DURING**





Access the natural lens

## **STEP**



Gently remove the cataracts

## ▶ STEP



Replace with a **TECNIS™** IOL lens

# **AFTER**



You may feel groggy or a bit "off" from the anesthesia, but it should only last a short time.



Your eyes may feel sensitive to light and a bit itchy for a few days following surgery.



You may notice glare and halos around bright lights at night. This is normal and may potentially become less noticeable after a few months.<sup>5,6</sup>

To learn more visit <u>Beyondcataracts.com</u>\*







As with any medical procedure, risks and potential complications may occur. Please consult your eye care specialist for detailed information and to discuss these possible risks and complications with you prior to the procedure.

### **REFERENCES:**

- 1. <a href="https://www.nei.nih.gov/learn-about-eye-health/eye-health-data-and-statistics/cataract-data-and-statistics/cataract-data-and-statistics/cataract-tables">https://www.nei.nih.gov/learn-about-eye-health/eye-health-data-and-statistics/cataract-data-and-statistics/cataract-tables</a>. REF2022CT4206.
- 2. Centers for Disease Control and Prevention (CDC) Vision Health Initiative (VHI) Common Eye Disorders and Diseases. https://www.cdc.gov/visionhealth/basics/ced/. Accessed July 16, 2020. REF2020OTH4564.
- 3. National Eye Institute. Facts About Cataracts. National Eye Institute (NEI) Web site. <a href="https://nei.nih.gov/health/cataract\_facts">https://nei.nih.gov/health/cataract\_facts</a>. Updated September 2015. Accessed October 28, 2017. REF20160TH0006.
- 4. American Academy of Ophthalmology. Eye health statistics. <a href="https://www.aao.org/newsroom/eye-health-statistics">https://www.aao.org/newsroom/eye-health-statistics</a>. Accessed Jan 16, 2021. REF20210TH4038.
- 5. Rosa AM, et al. Functional magnetic resonance imaging to assess neuroadaptation to multifocal intraocular lenses. J Cataract Refract Surg 2017;43(10):1287-1296. REF2017OTH0309.
- 6. Rosa AM, et al. Functional magnetic resonance imaging to assess the neurobehavioral impact of dysphotopsia with multifocal intraocular lenses. Ophthalmology. 2017;124(9):1280-1289. REF2017OTH0310.
- 7. What To Do With 'New' Presbyopes 3. REF20180TH4352.
- 8. What is astigmatism? Your Sight Matters Web site. <a href="http://yoursightmatters.com/what-is-astigmatism/">http://yoursightmatters.com/what-is-astigmatism/</a>. Accessed December 7, 2017. REF2017OTH0308.
- 9. Astigmatism Correction in Cataract Surgery. Interview with Dr. Eric D. Donnenfeld. REF2021CT4071.
- 10. **TECNIS Eyhance™** IOL with **TECNIS Simplicity™** Delivery System, Model DIB00 DfU INT Z311246P, Rev B, Aug 2019. REF2019OTH4409.
- 11. DOF2021CT4006 Alarcon A, Koopman B. **TECNIS Eyhance™** simulated Visual Acuity (sVA). 15 Jan 2021.
- 12. DOF2018OTH4004 Koopman B, Alarcon A. **TECNIS Eyhance™** IOL and monofocal competitor IOLs MTF data. 7 Sep 2018.
- 13. DOF2019OTH4014 Clinical Investigation of the **TECNIS Eyhance™** IOL, Model ICB00. 6-Month Clinical Study. Aug 2019.
- 14. **TECNIS Synergy™** IOL with **TECNIS Simplicity™** Delivery System, Model DFR00V, DfU INT Z311489P, Rev A, Apr 2020. REF2020CT4274.
- 15. DOF2019OTH4004 Perez G. Simulated VA of the **TECNIS Synergy™** IOL and PanOptix. IOL. 12 Apr 2019.
- 16. DOF2019OTH4005 Perez G. Simulated VA of the **TECNIS Synergy™** IOL and AT Lisa Tri IOL. 5 May 2019
- 17. DOF2019OTH4006 Perez G. Simulated VA of the **TECNIS Synergy™** IOL and FineVision IOL. 5 May 2019.
- 18. DOF2020CT4014 v2.0- Forte 1: A Comparative Clinical Evaluation of a New **TECNIS™** Presbyopia-CorrectingIntraocular Lens Against a PanOptix® Intraocular Lens DEFOCUS CURVES AND VISUAL ACUITY RESULTS. 18 Feb 2021.
- 19. DOF2019OTH4002 Weeber H. MTF of the **TECNIS Synergy™ OptiBlue™** IOL, and other lens models. 27 Mar 2019.
- 20. **TECNIS™** Multifocal 1-Piece IOL, Model ZKB00 DfU INT Z311276, Rev 02, Jun 2019. REF2020CT4237.
- 21. **TECNIS™** Multifocal 1-Piece IOL, Model ZLB00 DfU INT Z311277, Rev 02, Jun 2019. REF2020CT4083.
- 22. DOF2020CT4015 v2.0 Forte 1: A Comparative Clinical Evaluation of a New **TECNIS™** Presbyopia-Correcting Intraocular Lens Against a PanOptix® Intraocular Lens SPECTACLE WEAR AND SATISFACTION RESULTS. 26 Feb 2021.
- 23. **TECNIS Symfony™ OptiBlue™** Extended Range of Vision IOL, Models ZXR00V / ZXW150-375, DfU INT Z311521, Rev. A, May 2021. REF2021CT4161.
- 24. DOF2020OTH4010 Weeber H. MTF of the **TECNIS Symfony™ OptiBlue™** lenses. 8 Oct 2020.
- 25. **TECNIS Symfony™** Extended Range of Vision IOL, Models ZXR and ZXT100-600, DfU INT Z311278, Rev 02, Jun 2019. REF2020CT4081.







Talk to your doctor about what you'd like to see after cataracts, and help make sure your results are right for you.

TECNIS<sup>™</sup>
Family of IOLs

As with any medical procedure, risks and potential complications may occur. Please consult your eye care specialist for detailed information and to discuss these possible risks and complications with you prior to the procedure.

These are not actual patients and images are for illustrative purposes only.

© Johnson & Johnson Surgical Vision, Inc. 2022 | PP2022CT5215

Johnson Johnson VISION